

Lincoln City Gymnastics Club

Unit 3-5 Newark Road Industrial Estate, Clayton Road, Lincoln, LN5 8RE

01522 262022

generalenquiries@lincolncitygymnasticsclub.co.uk

www.lincolncitygymnasticsclub.co.uk



Behaviour Policy

At Lincoln City Gymnastics Club, we want you to be confident that your child can have fun in a safe environment. All gymnasts must adhere to the Gymnast's Code of Conduct, which can be found on the Policies page of our website or in your Parent Portal account under the policies section.

If a gymnast demonstrates disruptive behaviour during their training session which is unsafe or is a breach of our Gymnasts Code of Conduct, the following disciplinary procedure will apply:

- Verbal warnings can be issued to the gymnast by their coach on two separate occasions in one session
- If a third verbal warning is given or if a child's behaviour is likely to cause harm to themselves or others, the gymnast(s) will be asked to sit out for ten minutes and the lead coach may speak to the child about their behaviour.
- If negative behaviour continues within this session, parents / guardians will be contacted and asked to collect their child immediately.
- If a child's behaviour continues to be an issue in the following sessions, the child and their parents / guardians will be asked to attend a meeting with the Head Coach and / or a member of the Welfare Team. This is with the intention of identifying any cause or meaning for the negative behaviour, and a plan to be put in place to support the gymnast to continue training.
- If, after following the procedure above, a gymnast's behaviour continues to be in breach of the Code of Conduct and / or is harmful to others' safety or wellbeing, they may be suspended or permanently excluded from the club. This will be decided on a case-by-case basis.

If a gymnast or parent / guardian disagrees with a disciplinary decision, they may submit a written appeal to the Club Directors or Welfare Officer within 7 days. A review will be conducted, and a response provided in writing.

Changes to our policies

We keep our policies under regular review and will notify you of any changes made. You are advised to review this Behaviour Policy periodically for any changes. This policy was last updated in April 2026.

Contact us

If you have any questions about this notice, if there is something you don't understand, or you wish to exercise any of your rights, please contact us by emailing

generalenquiries@lincolncitygymnasticsclub.co.uk or welfare@lincolncitygymnasticsclub.co.uk or calling 01522 262022.

Policy approved by:

Welfare Officer: Adele Bogg
April 2026

Welfare Officer: Claire Speed
April 2026